



**AMATEUR SWIMMING ASSOCIATION
2009 NORTH WEST OPEN MASTERS CHAMPIONSHIPS**
(Under ASA Laws & ASA Technical Rules)

**INCORPORATING THE 18 - 24 YEARS
AGE GROUP CHAMPIONSHIPS**

**PALATINE LEISURE CENTRE,
St Annes Road, Blackpool, Lancashire, FY4 2AP.**

SATURDAY 4 JULY 2009

GENERAL CONDITIONS AND SCHEDULE OF EVENTS

1. SwimNorthWest reserves full powers over all North West Masters Championships.
2. Entries will be accepted from eligible competitors who are registered in the year of competition and are members of clubs in affiliation of the ASA, the Scottish or Welsh ASAs, or of any other country affiliated to FINA.
3. All competitors in Masters events must be aged 25 years or over at midnight on 31 December in the year of competition. All competitors in 18-24 events must be aged 18 years or over on 4 July 2009.
4. Protests shall be made and dealt with as detailed in ASA Law. The Promoter is the SwimNorthWest.

THE EVENTS

5. SwimNorthWest shall determine the programme of events. (The programme currently includes the following events:
For both men and women, : 50, 100, 200 metres freestyle; 50 and 100 metres breaststroke, butterfly, and backstroke;
100 metres individual medley; 4 x 50 metres freestyle and medley relays
Mixed (2 women and 2 men) 4 x 50 metres freestyle and medley relays).
6. Age groups for individual Masters events shall be 25-29 years, 30-34 years, and upwards in 5-year bands as required.
7. Entry standards or restrictions on numbers may be applied.
8. All events shall be heat declared winner.
9. Age groups for team events shall be 72 years-plus, 100-119 years, 120-159 years, 160-199 years, 200-239 years, and upwards in 40-year bands as required. Swimmers in the 72 years-plus relay events must be 18 years of age or over on 4 July 2009. Swimmers in Masters team events (100-119 years + etc.) must be 25 years of age or over on 31 December in the year of competition.
10. Team events shall be open to teams from any affiliated clubs. A club may enter more than one team in any age category. A swimmer may swim in more than one team in any team event, but please be aware that a) Mens and Ladies relays for same age range may be swum concurrently, b) some age ranges may have no teams entered, c) age ranges listed consecutively in MIXED relays may be swum concurrently.
11. A competitor may represent only one club in the Championships.
12. The 18-24 Age-group individual championships will be swum concurrently and seeded with the corresponding Masters individual events. The general conditions applying to these events shall be those of the North West Age Group Individual Swimming Championships except that all events shall be heat declared winner events and where the conditions for Masters competitions differ they shall apply.
13. The organisers' decision will be final.

PROCEDURE

14. Entries must be made on the current form and accompanied by the entry fee and a stamped addressed envelope for the return of acknowledgement. Acceptance of an entry is at the discretion of the promoter. Incomplete or inaccurate entries, particularly those not accompanied by the entry fee, may not be accepted.
15. The information provided on the entry form shall be regarded as definitive. Alterations (e.g. to the events entered) will not be accepted after the closing date.
16. Medals or other awards shall be presented as determined by the Masters Committee.
17. Trophies

The George Lea Trophy was first presented in 1998 to perpetuate the memory of Mr. George Lea and is awarded to the club accumulating the most points during the Championships.

Points shall be awarded as follows : Individual and Team Event Winner 8 Points, Second 7 Points, Third 6 Points, Fourth 5 Points, fifth 4 Points, Sixth 3 Points, Seventh 2 Points, Eighth 1 Point.

The Nancy Yarwood Memorial Trophy was first presented in 1999, this will be presented to the female swimmer who breaks the Northern Counties Masters record by the greatest percentage margin.

To be fair to the Men an award will also be made to the male swimmer breaking the Northern Counties Masters record by the greatest percentage margin.

POOL

18. PALATINE LEISURE CENTRE, St Annes Road, Blackpool, Lancashire, FY4 2AP.
19. 8 LANE POOL with electronic timing and an additional smaller pool for warm up and swim down.

THE 18 - 24 YEARS AGE GROUP CHAMPIONSHIPS WILL BE SWUM CONCURRENTLY AND SEEDED WITH THE CORRESPONDING MASTERS EVENTS

Session 1 – SATURDAY 4 July -- 9.30 am START (warm up from 8:30)

EVENT 101	200 Metres FREESTYLE	Male
EVENT 102	4X25m INDIVIDUAL MEDLEY	Female
EVENT 103	50 Metres BREASTSTROKE	Male
EVENT 104	50 Metres BACKSTROKE	Female
EVENT 105	100 Metres BUTTERFLY	Male
EVENT 106	100 Metres FREESTYLE	Female
EVENT 107	50 Metres FREESTYLE	Male
EVENT 108	50 Metres BUTTERFLY	Female
EVENT 109	100 Metres BACKSTROKE	Male
EVENT 110	100 Metres BREASTSTROKE	Female
EVENT 111	100-119yrs 4x50m MEDLEY TEAM	Male
EVENT 112	100-119yrs 4x50m MEDLEY TEAM	Female
EVENT 113	280+yrs 4x50m MEDLEY TEAM	Male
EVENT 114	280+yrs 4x50m MEDLEY TEAM	Female
EVENT 115	160-199yrs 4x50m MEDLEY TEAM	Male
EVENT 116	160-199yrs 4x50m MEDLEY TEAM	Female
EVENT 117	120-159yrs 4x50m MEDLEY TEAM	Male
EVENT 118	120-159yrs 4x50m MEDLEY TEAM	Female
EVENT 119	240-279yrs 4x50m MEDLEY TEAM	Male
EVENT 120	240-279yrs 4x50m MEDLEY TEAM	Female
EVENT 121	200-239yrs 4x50m MEDLEY TEAM	Male
EVENT 122	200-239yrs 4x50m MEDLEY TEAM	Female
EVENT 123	72yrs plus 4x50m MEDLEY TEAM	Male
EVENT 124	72yrs plus 4x50m MEDLEY TEAM	Female
EVENT 125	100-119yrs 4x50m MEDLEY TEAM	MIXED
EVENT 126	280+yrs 4x50m MEDLEY TEAM	MIXED
EVENT 127	160-199yrs 4x50m MEDLEY TEAM	MIXED
EVENT 128	120-159yrs 4x50m MEDLEY TEAM	MIXED
EVENT 129	240-279yrs 4x50m MEDLEY TEAM	MIXED
EVENT 130	200-239yrs 4x50m MEDLEY TEAM	MIXED
EVENT 131	72yrs plus 4x50m MEDLEY TEAM	MIXED

Session 2 – SATURDAY 4 July – Tentatively scheduled for 2 p.m.

EVENT 201	200 Metres FREESTYLE	Female
EVENT 202	4X25m INDIVIDUAL MEDLEY	Male
EVENT 203	50 Metres BREASTSTROKE	Female
EVENT 204	50 Metres BACKSTROKE	Male
EVENT 205	100 Metres BUTTERFLY	Female
EVENT 206	100 Metres FREESTYLE	Male
EVENT 207	50 Metres FREESTYLE	Female
EVENT 208	50 Metres BUTTERFLY	Male
EVENT 209	100 Metres BACKSTROKE	Female
EVENT 210	100 Metres BREASTSTROKE	Male

EVENT 211	100-119yrs 4x50m Free Team	Female
EVENT 212	100-119yrs 4X50m. Free Team	Male
EVENT 213	280+yrs 4x50m Free Team	Female
EVENT 214	280+yrs 4x50m Free Team	Male
EVENT 215	160-199yrs 4x50m Free Team	Female
EVENT 216	160-199yrs 4x50m Free Team	Male
EVENT 217	120-159yrs 4x50m Free Team	Female
EVENT 218	120-159yrs 4x50m Free Team	Male
EVENT 219	240-279yrs 4x50m Free Team	Female
EVENT 220	240-279yrs 4x50m Free Team	Male
EVENT 221	200-239yrs 4x50m Free Team	Female
EVENT 222	200-239yrs 4x50m Free Team	Male
EVENT 223	72yrs plus 4x50m Free Team	Female
EVENT 224	72yrs plus 4x50m Free Team	Male
EVENT 225	100-119yrs 4X50m Free Team	MIXED
EVENT 226	280+yrs 4x50m Free Team	MIXED
EVENT 227	160-199yrs 4x50m Free Team	MIXED
EVENT 228	120-159yrs 4x50m Free Team	MIXED
EVENT 229	240-279yrs 4x50m Free Team	MIXED
EVENT 230	200-239yrs 4x50m Free Team	MIXED
EVENT 231	72yrs plus 4x50m Free Team	MIXED

SESSION START TIMES

The first session will start at 9.30 am. The start times of the afternoon session will be advised with the returned competitors confirmation letter.

CERTIFICATES OF DISABILITY ARE OBTAINABLE FROM THE SECRETARY OF THE ASA MEDICAL COMMITTEE.

Applications require medical evidence of disability. Disability Certificates must be presented to the referee prior to competing. FAC cards will also be accepted.

IMPORTANT - Please read this disclaimer carefully. Any queries should be raised with the SWIMNORTHWEST.

- 1 I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events or any other associated activities. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.
- 2 I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
- 3 I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
- 4 I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.
- 5 I acknowledge that during Masters Swimming events SWIMNORTHWEST cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
- 6 I hereby agree to abide by and be governed by the rules of the Amateur Swimming Association and all other laws and regulations applicable including the ASA Safety Laws and the Conditions of the SWIMNORTHWEST.



AMATEUR SWIMMING ASSOCIATION
2009 NORTH WEST OPEN MASTERS CHAMPIONSHIPS
(Under ASA Laws & ASA Technical Rules)
INCORPORATING THE 18 - 24 YEARS AGE GROUP CHAMPIONSHIPS
PALATINE LEISURE CENTRE, St Annes Road, Blackpool, Lancashire, FY4 2AP.
SATURDAY 4 JULY 2009

PLEASE TICK MALE FEMALE

ASA ID NUMBER (Entries will be rejected if ID number is incorrect)

FORENAMES SURNAME

DATE OF BIRTH* CLUB

ADDRESS

POST CODE TEL No E-MAIL ADDRESS (optional)

*Your age group (25-29 etc) will be automatically calculated from your birth date.

Female	Male	EVENT	ENTRY TIME	
201	101	200m FREESTYLE	:	:
102	202	100m IND MEDLEY	:	:
203	103	50m BREASTSTROKE	:	:
104	204	50m BACKSTROKE	:	:
205	105	100m BUTTERFLY	:	:
106	206	100m FREESTYLE	:	:
207	107	50m FREESTYLE	:	:
108	208	50m BUTTERFLY	:	:
209	109	100m BACKSTROKE	:	:
110	210	100m BREASTSTROKE	:	:

Please enter a realistic time. It is unfair on slower/older swimmers to have faster swimmers in the next lane due to the declaration of incorrect times. Such practice is not acceptable and the promoter reserves the right adjust seeding where necessary.

I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association and will abide by the conditions laid down by the Association for this competition. I have read and understood the disclaimer associated with this form and agree to abide by and be governed by its provisions.

Signature of Competitor

Date

An entry fee of £20.00 will cover the first 6 events entered, more than 6 events can be entered. Each subsequent event entered over the 6 covered by the £20.00 entry fee will incur an entry fee of £4 per event.

Entry Fee for up to and including 6 events	£ 20.00
Entry fee £4.00 for extra each event over 6	£ .00
Total fee	£ .00

Please complete all sections of this form, including your registration number, and return the form with (a) a cheque payable to "ASA North West Region" for your entry fee for events entered and (b) a C5 (228mm x 161mm) stamped, self-addressed envelope. Entries to: North West Masters Entries, Carmel, 51 Heron Way, Blackpool, FY3 8FA

BY THE CLOSING DATE OF SATURDAY 6th JUNE 2009

A SEPARATE ENTRY FORM IS AVAILABLE FOR TEAM EVENTS



AMATEUR SWIMMING ASSOCIATION
2009 NORTH WEST OPEN MASTERS CHAMPIONSHIPS
(Under ASA Laws & ASA Technical Rules)
INCORPORATING THE 18 - 24 YEARS AGE GROUP CHAMPIONSHIPS
PALATINE LEISURE CENTRE, St Annes Road, Blackpool, Lancashire, FY4 2AP.
SATURDAY 4 JULY 2009

TEAM ENTRY FORM

Name of Club _____

Team entries should be submitted by ONLY ONE person from your club. To enter simply tick the relevant box(es)
If you enter more than one team in an event please identify by e.g. an "A" and a "B" team (etc).
For the conditions please refer to the attached sheet.

A swimmer may compete in more than one relay event, take note of General Conditions paragraph 10.

Swimmers in 'masters' relays (all except 72-plus, min age 18 years) must be aged 25 years – see General Conditions paragraph 9.

WOMEN	72 yrs plus	100-119yrs	120-159yrs	160-199yrs	200-239yrs	240-279yrs	280-319yrs	320+ yrs
Event 8 4 x 50m FREESTYLE								
Event 30 4 x 50m MEDLEY								
MEN	72 yrs plus	100-119yrs	120-159yrs	160-199yrs	200-239yrs	240-279yrs	280-319yrs	320+ yrs
Event 9 4 x 50m FREESTYLE								
Event 31 4 x 50m MEDLEY								
MIXED (2 Women & 2 Men In any order)	72 yrs plus	100-119yrs	120-159yrs	160-199yrs	200-239yrs	240-279yrs	280-319yrs	320+ yrs
Event 24 4 x 50m FREESTYLE								
Event 16 4 x 50m MEDLEY								

Name and address to which notices are to be sent:

FORENAMES _____ SURNAME _____

ADDRESS _____

POST CODE _____ TEL No _____

I hereby declare that all the swimmers in the teams are registered and on behalf of the entrants agree to abide by the conditions laid down by the Association for this competition.

Signature _____

Date _____

Return the completed form, together with the entry fee of £8.00 per team per event AND a C5 (228mm x 161mm) stamped, self-addressed envelope to: North West Masters Entries, Carmel, 51 Heron Way, Blackpool, FY3 8FA

Cheques made payable to ASA North West Region. Late entries will not be accepted.

All team members who have not entered an individual event must sign an individual entry form to provide the disclaimer which is part of the terms and conditions of entry. The team manager of each team is responsible for ensuring this is undertaken.

ENTRIES CLOSE ON SATURDAY 6th JUNE 2009